

## **NATIONAL ADHD MEDICATION SHORTAGE**

**Updated 20.11.23**

We are experiencing current severe disruptions in the supply of ADHD medications **nationally**. NHS England recently issued a National Patient Safety Alert highlighting supply disruptions for the following medications:

Methylphenidate:

- Equasym XL® 10, 20 and 30 mg capsules
- Xaggitin XL® 18 and 36 mg prolonged-release tablets
- Xenidate XL® 27 mg prolonged-release tablets

Lisdexamfetamine:

- Elvanse® 20, 30, 40, 50, 60 and 70 mg capsules
- Elvanse® Adult 30, 50, and 70 mg capsules

Guanfacine:

- Intuniv® 1, 2, 3 and 4 mg prolonged-release tablets

**Please scroll down to the table below to see the current national supply status of these medications.**

In addition to the medications listed, we are currently experiencing a shortage of Atomoxetine. We are anticipating having sufficient supply to safely start patients on this medication from February 2024.

Given the range of the medications affected by the disruption, it would not be possible to attempt to re-titrate patients on the few remaining alternatives, and the supply of these medicines is also likely to be affected as a direct consequence.

**Patients should be reassured that stopping and restarting stimulant medications abruptly is medically safe to do, but ADHD symptoms will return.**

Due to continued shortages of Intuniv, we are currently unable to commence any new titrations of Intuniv.

If you are taking higher dosages, your prescriber may be able to advise you around suitable continuation of your Intuniv treatment plan. However, for the lower (typical) doses this may not be possible.

If you are in shared care with your GP and Psychiatry-UK, please approach your GP in the first instance. Your GP can then inform us if they require us to support the shared care agreement.

If you are receiving prescriptions from PUK, please approach your prescriber directly.

**The current national supply information is as follows:**

\*\*\* Please note that the anticipated re-supply dates listed are approximate and subject to change. We will update this information regularly.

Lisdexamfetamine (Elvanse/Elvanse Adult)	Anticipated return date mid to late-November
Delmosart MR	All strengths currently available
Xaggitin XL	18mg – out of stock All other strengths are currently available
Xenidate XL	27mg – out of stock
Equasym XL	Stocks currently remain stable
Medikinet XL	Stocks currently remain stable
Guanfacine MR (Intuniv)	1mg – Out of stock 2mg – Out of stock 3, 4 mg – Low in stock, will likely be out of stock by mid-November